

## **Respiratory Issues in Athletes**

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- I. Exercise induced asthma
  - a. Clinical presentation
  - b. Physical Findings
  - c. Objective testing
  - d. Treatments
  
- II. Hyperventilation
  - a. Clinical presentation and Physical Findings
  - b. Evaluation Tools
  - c. Treatment
  - d. Key points that differentiate this from asthma
  
- III. GERD
  - a. Clinical presentation and Physical Findings
  - b. Evaluation Tools
  - c. Treatment
  - d. Key points that differentiate this from asthma
  
- IV. Tracheo/bronchomalacia
  - a. Clinical presentation and Physical Findings
  - b. Evaluation Tools
  - c. Treatment
  - d. Key points that differentiate this from asthma
  
- V. Foreign Body Aspiration
  - a. Clinical presentation and Physical Findings
  - b. Evaluation Tools
  - c. Treatment
  - d. Key points that differentiate this from asthma
  
- VI. Deconditioning
  - a. Clinical presentation and Physical Findings
  - b. Evaluation Tools
  - c. Treatment
  - d. Key points that differentiate this from asthma
  
- VII. Vocal Cord Dysfunction
  - a. Clinical presentation and Physical Findings
  - b. Evaluation Tools
  - c. Treatment
  - d. Key points that differentiate this from asthma
  
- VIII. Exercise Induced Anaphylaxis
  - a. Clinical presentation and Physical Findings

- b. Evaluation Tools
- c. Treatment
- d. Key points that differentiate this from asthma