

## **Prevention and Management of Athletic Dental Injuries**

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- I. Mouthguards
  - a. Why are mouthguards important?
  - b. Types of dental mouthguards
  
- II. Types of athletic dental injuries
  - a. Avulsed tooth/teeth
  - b. Lip perforation – laceration
  - c. Jaw displacement – subluxation
  - d. Bone fracture
  - e. Mild traumatic brain injury - concussion
  
- III. Avulsed tooth
  
- IV. Partially extruded tooth
  
- V. Intruded tooth
  
- VI. Why custom mouthguards?
  
- VII. Prevention of concussion – mild traumatic brain injury
  
- VIII. Custom fit mouthguards