

Shoulder Injuries in Ice Hockey

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- I. Shoulder dislocation
 - a. Anterior vs. Posterior
 - b. Recurrence
 - i. Glenoid erosions
 - ii. Hill Sachs lesion
 - iii. Risks to success
 - c. Bankart vs. Latarjet
 - d. Rehab concerns
 - e. Return to play

- II. Acromioclavicular separation
 - a. Mechanism
 - b. Signs/symptoms
 - c. Grading scheme and treatment options
 - d. Fixations techniques/challenges
 - e. Rehab concerns
 - f. Return to play

- III. Clavicle fracture
 - a. When to suspect
 - b. Classification and treatment options
 - c. Surgery vs sling
 - d. Rehab concerns
 - e. Return to play
 - f. Hardware removal (?)