

Polar Bear Conference Panel Questions 2015

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What is something that you cannot travel without? What do you bring on away games that make it feel like home field advantage?

- Trunk System
- Portable Tables

One thing you wish you knew when you FIRST started working with football (from game day operations to pre-season practice)

- Amount of staff truly needed to appropriately cover a practice / game

What does your program do to prepare for medical emergencies? Of those, which do you find to be most beneficial?

- Yearly EMS on field training w/ local fire department (Most Important)
 - Creates dialogue / communication / knowledge of abilities
- Yearly AT department training with emergency supplies

Sideline evaluation for concussion – what do you use? What do you lean on to make the play or no play call?

- Sideline evaluation card but transitioning to iPad app
- King Devick
- When in doubt SIT THEM OUT!

Sideline Supplies Kit – what tools do you always have on you at all times during practice and games? What tools are most important and what is one you would recommend everyone having?

- Multi-Purpose Tool (i.e. Leatherman)
- Drill w/ Multiple Bits and Drill Bits
- Torch
- Helmet / Shoulder Pad Replacement Parts
- Trauma Scissors
- Pen Light
- Facemask Removal Tool
- Dremel Cutting Tool
- PVC Cutting Tool
- Pelican Weather Resistant Case to Hold all Listed Above

Rehabilitation during practice – What type of exercises you use / equipment used

- Multi-Plane
- Balance / Core
- Tubing / Medicine Ball

NOTES